

Vegetarian Restaurants in Christchurch

All fully vegetarian and/or vegan. Compiled August 2009.

Coffee and Kai

Hip and funky café with many veggie options and lots of locally sourced and/or organic ingredients.

Address: 565A Barbados St (St Albans end), Christchurch.

Opening hours: Tuesday to Saturday from 7.30am, Sunday from 10am to 3pm.

Phone: (03) 3860 565

Fo Guang Tea House

A relaxed atmosphere with a fantastic view of water through the front window. The tea house offers two set menu options for lunch, which change daily. Vegan options.

Address: 2 Harakeke Street, Riccarton, Christchurch.

Opening hours: Tuesday - Sunday 10:30am - 4pm.

Phone: (03) 341 6276.

Krishna's Café (Govinda's Vegetarian Restaurant)

A Hare Krishna budget vegetarian restaurant offering a warm and friendly atmosphere.

Address: 602 Colombo Street, Christchurch.

Opening hours: Monday - Saturday 7:30am – 8pm.

Phone: (03) 366 7035

Soul Food

We focus on providing thoughtful vegetarian and vegan options. Not just a café, we also stock a range of deli items. Two locations.

Address: Shop 4, Cotters Lane, 158 High St, Christchurch

Opening hours: Monday – Friday 7:30am - 4pm, Saturday 9am - 4pm

Telephone: (03) 377 2108.

Address: 22 New Regent Street.

Opening hours: Monday - Saturday 8.30am-4pm

The Lotus Heart

Sri Chinmoy students run these restaurants dedicated to conscious living, healthy eating and strive to create a global cuisine naturally with pure vegetarian food. Vegan options. Two locations.

Web site: <http://www.thelotusheart.co.nz>

Address: Level 1, 15-31 Cathedral Square, Christchurch

Opening hours: Monday and Tuesday 8am - 4pm, Wednesday 8am – 3pm; Thursday and Friday 8am - 10pm, Saturday 10am - 10pm, Sunday 10am - 3pm. Telephone: (03) 377 2727

Address: 595 Colombo Street, Christchurch.

Opening hours: Monday – Friday 8am – 4 pm.

Phone: (03) 379 0324.

The Oak Tree

A delightful seaside café serving tasty great-value food. Vegan options.

Address: 109 Brighton Mall, Christchurch.

Opening hours: every day but Wednesday, 11am – 5pm.

Phone: (03) 382 6220.

Welcome Chinese Vegetarian Café

This eatery is great value for money. The atmosphere is cosy and friendly and great for a quiet night out. Mostly vegan.

Web site: <http://www.welcomecafe.co.nz>

Address: 2 Wharenui Road, Riccarton, Christchurch.

Opening hours: Monday - Saturday 11:30am - 2:30pm and 5pm – 9pm.

Telephone: (03) 348 2630.